Ascend KU Overview and Checklist

Ascend is a four-phase comprehensive leadership program based on the values of self-knowledge, personal empowerment, equity, service, collaboration, social justice, and citizenship. Through the programs students can gain the theoretical background and practical skills necessary to be successful leaders at KU, in their communities, and in their future personal and professional lives. Students have flexibility within each phase to make it fit their needs, interests, and schedule. All four phases have minimum expectations and requirements that must be achieved to qualify for the next phase.

Ascend KU Learning Outcomes

- Participants will be able to identify one’s own talents, values, and interests as related to his/her ability to provide effective leadership and be able to describe his/her ability to create meaningful change.
- Participants will display equity when working with others to establish a common purpose, have performed service for a cause that he/she is committed to supporting, and exhibited cooperation in a group to achieve a common effort.
- Participants will be able to evaluate the concept of social justice in relation to their role as a leader.
- Participants will demonstrate individual rights, responsibilities, and privileges of being a member of the KU community and view the job search as an opportunity to work for positive change outside the KU community.

Ascend KU Program Requirements

<table>
<thead>
<tr>
<th>Date Completed</th>
<th>Leadership Development Experience and Requirements</th>
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<tbody>
<tr>
<td>_____________</td>
<td>Attend Ascend KU Kickoff – September 20th, 7:00 p.m.</td>
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<td>_____________</td>
<td>Attend 3 Ascend KU workshops offered by the Student Involvement and Leadership Center (See handout for dates and times)</td>
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<td>_____________</td>
<td>Attend 3 campus/community events related to your current phase’s values. (See list of suggested activities)</td>
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<td>_____________</td>
<td>Complete Ascend KU Reflection form found at: <a href="http://silc.ku.edu/Leadership/Ascend%20KU.shtml">http://silc.ku.edu/Leadership/Ascend%20KU.shtml</a></td>
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<td>_____________</td>
<td>Attend one-on-one end of the semester meeting with SILC Leadership Staff. Meetings are to be scheduled once per semester, after completing a phase or at the end of the semester. Contact <a href="mailto:b.wilbur@ku.edu">b.wilbur@ku.edu</a> to set up the meeting.</td>
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Additional Information about Requirements

Workshops:
Each semester the Student Involvement and Leadership Center will host four different leadership workshops. You can find a list of the workshops, dates, times, and locations at http://silc.ku.edu/Leadership/Ascend%20KU.shtml.

Campus/Community Events:
Each student is required to attend events occurring around campus or in the Lawrence community that are directly related to the values of the phase the student is working to complete. Depending on the student’s interests, involvements, schedule, etc. he/she can pick and choose those activities that best meet his/her needs and fulfill the requirement of learning about the values of Ascend KU. The goal is not to provide additional requirements for the students, but to have them reflect upon things they currently do around campus as they relate to self-knowledge, personal empowerment, equity, service, collaboration, social justice, and citizenship. Students can find a list of suggested activities at http://silc.ku.edu/Leadership/Ascend%20KU.shtml.

Reflection Forms:
We believe that true learning does not occur in the experience, but in the reflection after the experience. Because of that belief, each student must complete a reflection form at the end of each semester that focuses on the workshops and events he/she attended throughout the semester. The reflection form also asks students to reflect on how those events and activities helped them to better understand the values of the phase they are completing. These forms are due prior to a one-on-one with SILC leadership staff and can be found online at http://silc.ku.edu/Leadership/Ascend%20KU.shtml.

SILC Leadership Staff One-on-Ones:
At the end of the semester or when a student completes a phase (whichever comes first) the student is expected to set up a one-on-one with a member of the SILC Leadership Staff. At this meeting the student and staff member will go over the student’s reflection form and evaluate the student’s progress towards completion of the phase. If a student has not completed the phase, staff will provide information on ways the student can complete the current phase or discuss plans for the next phase. Following the meeting, the staff member will notify the student via email if they have qualified to move onto the next phase.